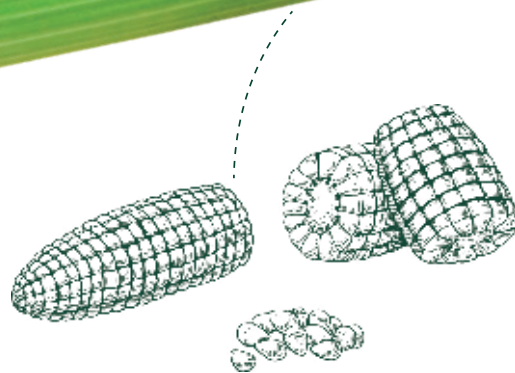




Corn

READY-TO-EAT SWEET CORN ON THE COB. Vacuum-packed



STORE:
At room temperature.

MOST IMPORTANT NUTRITIONAL DECLARATIONS:

- **Low in saturated fat.** A lower consumption of saturated fats contributes to maintenance of normal levels of blood cholesterol.
- Source of fiber.
- **Low in salt.** A lower consumption of sodium helps to maintain normal blood pressure.
- **No added sugars.**

NUTRITIONAL INFORMATION PER 100 G.

Energy: 456 kJ/109 kcal.
 Fats: 2,8 g. of which 0,7 g. are saturated
 Carbohydrates: 15 g. of which 7 g. are sugar
 Protein: 3,2 g.
 Dietary fiber: 5,5 g.
 Salt: 0,04 g.







FORMATS:

- 2 Cobs/pack.
- 3 Cobs/pack.
- Easy Eat (4 mini-cobs).



PREPARATION

			
MICROWAVE OVEN: 2 min.	GRILL: 5 min.	BARBECUE: 10 min.	PAN: 2 min.

